# Newsletter No 15, 2024

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We acknowledge the Jarra people of Dja Dja Wurrung country, the traditional owners on the land we live on, and pay our respects to their Elders, past, present & emerging.



#### Thursday 23rd May 2024

**Purpose** of Camp Hill Primary School is to develop and nurture lifelong learners within an engaging, global learning community, where the uniqueness and contributions of individuals are valued, shared and celebrated.

Following are the **core values** in which we strongly believe; they underpin our purpose and are the guiding principles of our school.

Caring: Being kind, helpful and sympathetic toward other people.

Honesty: To always tell the truth.

Confidence: Believing in yourself and others.

**Respect:** Recognising the rights, feelings, wishes and individual differences of others through

our speech and manners.

26th July

Trust: Safely express opinions, beliefs, thoughts, and feelings in a secure environment.

Address: Gaol Rd, Bendigo 3552

Email Address: camp.hill.ps@education.vic.gov.au
Web Address: www.camphillps.vic.edu.au

Phone: 5443 3367 Calendar 2024 **Friday** 24th May Pupil Free Day - OSHC Available 8:30am - 5:55pm **Thursday** 30<sup>th</sup> May Green Team - Grow Cups and plant stall from 3:15pm P&F Mother's Treat High Tea, 1-3pm. \$45 cash or QKR **Friday** 31st May Wednesday Grades 3/4A & 3/4B - Visit Paris Exhibition at Bendigo Art Gallery 5<sup>th</sup> June **Thursday** 6<sup>th</sup> June **Division Soccer Tournament** Foundation - Visit Paris Exhibition at Bendigo Art Gallery 9.30-10.15am 10<sup>th</sup> June PUBLIC HOLIDAY - Kings' Birthday Monday **Thursday** 13th June JSC PJ Day. Out of uniform day. Gold coin donation, cash or QKR **Monday** 17th June Grade 5/6D - Visit Paris Exhibition at Bendigo Art Gallery **Tuesday** 18th June School Council Meeting - 5:30pm 19th June Wednesday Grades 1/2A & 1/2B - Visit Paris Exhibition at Bendigo Art Gallery 5/6A & 5/6C - Visit Paris Exhibition at Bendigo Art Gallery **Thursday** 20th June 21st June **Friday** Grade 5/6B - Visit Paris Exhibition at Bendigo Art Gallery Tuesday 25th June District Athletics at Bendigo Race Course - Grades 3-6 28<sup>th</sup> June LAST DAY TERM 2 - Early Dismissal 2:30pm **Friday** Monday 15th July TERM 3 begins Thursday - Friday 18th - 19th July Grade 3/4 Camp, Billabong Ranch in Echuca

## PRINCIPAL'S REPORT

2025 Foundation Interim Enrolment forms due

#### **Education Week**

**Friday** 

Last week our Information Evening and Open day were well attended, with a number of interested community members and potential parents coming along to hear about our great school. The grand finale for the week was the short circus performance on Friday afternoon. It was great to see our students performing confidently in front of what was quite a large audience. There will be other opportunities for the short circus to perform later in the year, in the meantime students will be honing their skills and practicing their routines. A big thank you to our school captains, who attended the information evening and to the students who undertook visitors on school tours and represented us so well over the two days.

#### **Curriculum Day (Pupil Free)**

Friday 24<sup>th</sup> May is curriculum day tomorrow which will provide the opportunity for staff to undertake the second module of Berry Street training. This program is designed to provide staff with the skills and knowledge to support students who have experienced some form of trauma in their lives. This professional learning will add further depth to the teaching practice of staff at our school.

#### **Dyson Daniels**

At Friday's assembly I mentioned to students that a past student, Dyson Daniels, has been selected to train with the Australian Olympic team. This is a great achievement, and we look forward to following Dyson's to the Olympics and wish him every success.

Dad joke of the week

I'm reading a book about anti gravity...it's impossible to put down!

Chris Barker Principal

## **ASSISTANT PRINCIPAL**

# Be an Attendance HERO... HERE EVERYDAY READY FOR LEARNING ON TIME Student absence data for TERM 2

## Early Bird Awards

We had no classes who were early birds this week – maybe next we will see more classes with all students at school on time.  $\odot$ 

## 100% attendance for Week 6

This week there were 211 students who had 100% attendance this week – fantastic effort! Well done to Dolly from 3/4A who was the Attendance Hero champion for this week. Who will it be next week?

Total number of student absence days Term 2	460 days	
Current school absence rate Term 2	1.6 days per student	
School absence rate target for 2024	10.00 days per student (2.5 days per term)	
Number of times students arriving late to school this week	36	

Trísh Johnstone Assistant Príncipal

## **WELLBEING MATTERS**

## HELP is available...

Some information this week on local services that are available within our community. We all go through difficult times, and this year has shown that none of us are immune to challenges and the need for support at times.

#### **The Orange Door**

1800 512 359 57 View Street, Bendigo

Provides integrated family violence and child wellbeing support across the Loddon region. It is a free service for people of all ages and backgrounds.

www.orangedoor.vic.gov.au

#### **Anglicare Financial Counselling**

1800 809 722 10 Mundy Street, Bendigo

Available to individuals or couples experiencing financial difficulties, including debt, job loss, insurance claims, fines or needing support to manage a budget. It's a free and confidential service that provides information, advice and advocacy. www.anglicarevic.org.au

#### **Bendigo Foodshare**

A local organisation that collects and distributes food through a variety of relief organisations such as Salvation Army, Uniting Care and regional community groups. They have recently conducted a Youth Food Poverty Survey, to better understand the need and impact on poverty and food relief support in the Central Victorian region. More information on where these are and how to contact them can be found on their Facebook page or website www.bendigofoodshare.org.au

## **Loddon Campaspe Multicultural Services**

5441 6644 120 McCrae Street, Bendigo

A welcoming not-for-profit organisation that empowers people from migrant and refugee backgrounds to participate fully in Australian society. The service provides a range of community programs including employment, education, family and youth. They also organise and participate in a range of events and workshops. For more information visit their Facebook page or website <a href="https://www.lcms.org.au">www.lcms.org.au</a>



## RIGHTS, RESILIENCE AND RESPECTFUL RELATIONSHIPS (RRRR)

# **Topic 4: Problem solving**

Problem solving skills are an important part of the coping repertoire. During topic 4 of our RRRR program, students will be learning activities to develop their problem solving skills through activities that develop their critical and creative thinking. They will then apply these skills to scenarios that explore personal, social and ethical dilemmas.

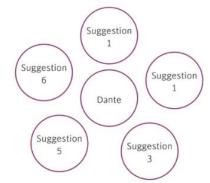
#### Discussion points for at home with your child:

- Encourage the students to notice how characters in books solve problems
- Discuss with your child how they/you respond to problems in your day to day life, develop some problem solving strategies together

## **Activities to practise with your child:**

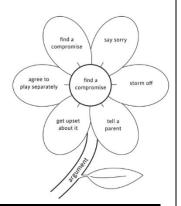
#### Foundation-Grade 3

If your child encounters a problem, draw a circle in the middle of a page and write down what it is. Work with your child to develop strategies to solve this problem. Write each solution in its own circle and discuss which option would be the best to assist them in solving the problem.



#### Grades 4-6

Draw an image of a daisy on a piece of paper. Explain that this model can be used to help us map out our options before we make a decision about what is the right thing to do. First, we name the problem and write the name on the stem. Then we brainstorm options, a different one for each petal. Then in the centre we put the option we have chosen.



## **DOGS CONNECT**

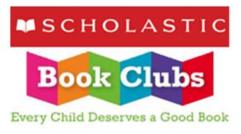
#### Polly is sponsored by Fur Life Vet.

Fur Life Vet have two clinics located in Bendigo: 167 Eaglehawk Road, Bendigo and 70-80 Midland Highway Epsom. Please support this local business for your pet care needs. www.furlifevet.com.au

Mark Lees Dogs Connect Coordinator



## **LIBRARY**





14 / 6 / 24

**PLEASE ORDER & PAY VIA THE LOOP** 

## **NEWSFLASH**

Congratulations Spencer P on coming 3<sup>rd</sup> in Level 5 Tumbling at the 2024 Australian Gymnastics Championships on the Gold Coast. Well done!

## **OSHC**

#### **Legends Of The Week Winners**

Congratulations to our four award winners this week. Well, done Sara, Zsa Zsa, Elijah and Peter. Sara has been showing strong resilience in recent weeks and interacting with other children in play. Zsa Zsa has been making great choices, especially in supporting others, while Elijah displays good communication skills during group games and Peter treats others with respect and plays fair.

#### **Pupil Free Day**

Just a reminder that tomorrow Friday 24<sup>th</sup> May is a pupil free day, and that we will be running OSHC care from 8:30am until 5:55pm. You can book in via either 0409 549 493 or oshc@camphillps.vic.edu.au

#### **Accounts**

Another reminder tomorrow, Friday 24<sup>th</sup> is also the due date for accounts for the current fortnight. *Jamíe, Símon & the OSHC Team* 

## PARENTS AND FRIENDS



## **REAKFAST CLUB**



## **FOUNDATION LEARNING TEAM**

#### **Bendigo Walk Excursion**

On Wednesday, as part of our Inquiry focus "What is my Story?" went for a walk around Bendigo. On our walk we looked at some of the historic buildings and compared photos from the past to what we see now. Students were then able to post letters to their Grandparents at the post box and then visited the new law courts to see the Bunjil Eagle and discuss its importance. Students should be congratulated for representing our school positively on their first excursion. Thank you to our helpers Jamye, Emily and Peter who attended to help out.

### **Inquiry Focus in Art**

Next week in Art, students will be practising drawing toys from the past to link to our Inquiry focus. If students have an old toy such as a teddy or car to bring in that they can draw, it would be much appreciated. Foundation A will need their toy on Monday and Foundation B will need their toy on Tuesday.

#### **End of Day Pick Up**

At the end of the day, we are going to start encouraging the students to walk to the gate or meet adults at a designated area in the school yard for pick-ups. Please have a conversation each morning to remind your child who is picking them up and where you will meet them. Teachers will remind students that if they cannot see their adult, they must sit at the seats at the front gate and wait, not go and play.

#### Toys

Toys in classrooms are becoming a distraction to student learning and getting lost outside. Students

are encouraged to only bring toys on Fridays if they link to show and tell and be kept in their school bags during learning times.

Foundation Learning Team



## 1/2 LEARNING TEAM

#### **Nut Products**

We kindly remind you to avoid sending nut products to school, as we have students with severe nut allergies (anaphylaxis). Even trace amounts can cause serious reactions, so please check labels carefully and refrain from packing any items containing nuts. Your cooperation is essential in ensuring a safe environment for all students. Thank you for your understanding and support.

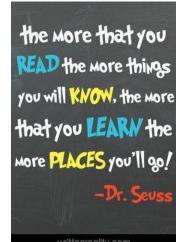
#### Reading

Listening to your child read every night is a wonderful way to bond, foster a love for books, and boost their literacy skills. This simple practice can significantly enhance their vocabulary, comprehension, and academic performance while creating cherished memories together. Can you please try to listen to your child read each night? By making this a joyful and essential part of your routine, you'll be supporting your child's growth and success in a meaningful way.

#### **Clothing**

As we transition into the cooler and wetter months, we kindly request parents to ensure their children come prepared for any weather surprises at school. Please remember to pack a spare set of clothes for your child, clearly labelled with their name, to ensure comfort and readiness for any unexpected spills or outdoor activities. Additionally, we encourage students to bring along their gumboots to school on Fridays, allowing them to fully immerse themselves in the joys of our gardening program whilst keeping their feet dry and mud-free.

1/2 Learning Team



## 3/4 LEARNING TEAM

## Literacy

Wednesday this week was "National Simultaneous Storytime" and this year's feature book was "Bowerbird Blues", by Aura Parker. It's a story about the life of a bird that collects blue items. The students listened to the story and then completed activities where they analysed the use of voice by the author and the choice of words she used. They researched information about Bowerbirds too.

#### **Values**

This week all classes have learnt about the value of confidence and how they can display it in the classroom by having a growth mindset.

#### Literacy

For Reading and Inquiry, the students have read books where they compared the lives of two children from different parts of the world. They also read and learnt about different houses, schools and traditional foods from around the world. They used a Venn Diagram as a thinking tool, to help them compare how their food, homes and schooling are similar and different to other children around the world.

3/4 Learning Team



## **5/6 LEARNING TEAM**

## **Autobiography and Memoir Writing**

Mrs Dyer sent an email weeks ago regarding our writing topics in Weeks 7 and 8. Students will bring their questions home to answer as a family during weeks 5 and 6. Please see the previously mentioned email for more information. Thank you to those families who have already sent responses and photos.

#### **Berry Street Education Model Training Day**

Staff will be attending Day 2 of a 4-day BSEM training course tomorrow (Friday 24<sup>th</sup> May). Students will not be required at school on this day.

#### **Short Circus**

Amazing performance by our senior students, presenting our short circus for the first time this year, during Education Week. Mrs Bevilacqua will send information to classrooms regarding students choosing a second circus skill for the remainder of the year (if they wish). It's not too late to join, if you haven't already done so! 5/6 Learning Team

## **GREEN TEAM**

## GROW CUP AND PLANT STALL THURSDAY 30th MAY.

Next Thursday 30<sup>th</sup> May the Green Team are holding a Grow Cup and Plant Stall at the school gate starting at

3.15 p.m. There will be Grow Cups for \$1.00 and good sized native plants such as Correas from the Sustainable Centre for \$4.00. Please send gold coins to school with your child or you can pay on QKR. Also there will be Bobbie's cupcakes for sale for \$2.50. Thanks to Evie on the Green Team for this great poster.

Sandy McLennan

Green Team Coordinator



## PHYSICAL EDUCATION

#### 3-6 Athletics Carnival

It is finally time to celebrate the results from our 3-6 students from our 3-6 Athletics Carnival in week 4! Congratulations to all students who placed in an event for their age group. There were lots of records broken and attempts to celebrate throughout the day. A big thank you to all the families that came and supported us and the senior students who helped out with extra jobs during their break time to help make the day a huge success. Classroom teachers have been notified of the lucky 45 students who will on go onto the next level to compete at the **Deborah Athletics Carnival on Tuesday 25<sup>th</sup> June.** Students will receive a permission note on Sentral and we will be traveling to Flora Hill by bus for the next event. Parents will be notified of the cost for this event via a Sentral message in the coming weeks. If you are able to assist on the day with bus travel and other duties, please let myself or your child's classroom teacher know.

Alicia Smalley

Physical Education

## **VISUAL ARTS**

#### **Senior Student's Pointillist Landscapes**

Students have worked for weeks on some amazing pointillist artworks inspired by the Paris Exhibition at the Bendigo Art Gallery and Pointillist artist Paul Signac whose work Pont Des Arts which depicts one of Paris's popular bridges painted in 1928 is on display. These artworks were based on photographs of our local countryside. They were taught to use coloured dots to create tones and tints which created distance and 3D shapes. I was hugely impressed by the standard of their artworks. There were many frameable artworks produced-here are a few by Amy, Neena, Lachlan, Arie, Isla and Belle.





Sandy McLennan Vísual Arts

## **HEALTHY EATING**

#### Are you packing enough healthy food?

Please remember to pack or help your child pack a healthy lunch, 2 serves of brain food and a substantial morning snack each day. Many students are appearing hungry before lunch as they are not provided with enough nutritious food, which releases energy over a longer period. As lunch at Camp Hill is 1.25p.m., it is extremely important children are provided with enough food to give them energy to learn and play until then.

#### All teachers are happy for students to eat brain food (fruit and vegetables only) in class.

Studies have shown that children who have adequate fruit and vegetables daily perform higher on Naplan writing scores. With a consistent approach, children soon get used to eating nutritious, fresh food at school every day. Avoid foods with little nutrition such as fried biscuits, shapes, chips, cheezels, burger rings, sweet biscuits, fried noodles or foods high in sugar such processed fruit bars with added sugar. Most packaged foods have chemicals, artificial colourings and preservatives added. The best choice is to stick to unprocessed foods as much as possible with no packaging.

## BELOW IS AN EXAMPLE OF HOW MUCH A JUNIOR PRIMARY SCHOOL BOY SHOULD EAT DAILY

Daily number of serves from the Five Food Groups for Boys aged 4-8 years old

**Vegetables/Beans**: 4 ½ serves (1/2 cup =serve)

Fruit: 11/2 serves

**Grain:** 4 serves (slice bread or ½ cup porridge=serve)

**<u>Lean Meat/Poultry/Fish/ Eggs/Nuts/Tofu/Beans</u>:** 1½ serves (eg.2 eggs or 80 grams of chicken or 1 cup lentils= one serve)

Milk/Yoghurt/Cheese Or Alternative: 2 serves (eg 1 cup milk or 2 slices cheese= one serve)

Extra Serves From Any Group: 0-2 1/2 = Depending on size and activity level of child

\*\*Included in the above foods should be 7-10 grams of unsaturated fats from oils, nuts and seeds.

Above information taken from the "Australian Guide to Healthy Eating" at <a href="https://www.eatforhealth.gov.au">www.eatforhealth.gov.au</a>. This is a great resource for healthy <a href="https://eating.guidelines.">eating guidelines</a>.

Sandy McLennan

Healthy Eating Coordinator

### LOTE

#### **Foundation**

Students practiced counting from one to ten while helping a boy pick up a banana in a fun listening and comprehension game. They learnt a new song called 'Where Are My Friends?' and engaged in singing karaoke.

#### Grade One and Two

Students reviewed drinks vocabulary while learning basic Chinese sign language for ordering. They practiced listening comprehension skills by helping the teacher fill a jar with different drinks based on instructions in Chinese.

#### **Grade Three and Four**

Students learned and practiced a new Chinese song, "Counting Stars," which will be part of their upcoming school concert. They enjoyed structured conversation games where they asked and answered questions about each other's nationalities in Chinese.

#### **Grade Five and Six**

Students finalised their handcrafted Han-style costumes and practiced writing Chinese characters. They're preparing bilingual children's picture books to share with the Prep students.

#### **2024 Chinese Speech n Talents Competitions**

Grade Six superstars Belle, Edie, Margot, and Neena are gearing up to represent our school at the Chinese competition this year. Watch out – they're ready to shine!

Yímín Chen

LOTE

## FRESH FRUIT FRIDAY

The free fresh fruit students receive on a Friday is proudly donated to the school by the following sponsor:



## **PERFORMING ARTS**

#### **Performing Arts**

This week in all classes students have focused on Dance and our school value of Confidence.

#### **Foundation**

The students worked in small groups to create a dance about caterpillars and butterflies. They used different actions to show how caterpillars crawl move and how butterflies move their wings in different ways. They acted out their dance to 'The Butterfly Song', showing all the different dance moves they have learnt.

#### Grade 1 and 2

This week students worked with a partner to create a dance about a Day at the Beach. They incorporated activities including building sandcastles, surfing and fishing. The students then performed their dance to music for their class.

#### Grade 3 and 4

The students commenced working on creating their Line dance using dance steps we had practised. They worked in groups of 4 or 5 and choose the steps they wanted to perform from our list. The students will have a final practise before performing to music for their class.

#### Grades 5 and 6

The students have continued to practise the dances they created over the last few weeks ready to perform next week. They will perform their dance to their classes during their Performing Arts lesson.

## **Penny Peters**

Performing Arts

## STUDENTS OF THE WEEK

#### CONFIDENCE

**Charlotte M:** For showing improved confidence and persistence when learning your alphabet letters and their sounds. Keep up the wonderful work Charlotte!

**Maeve B:** For her confidence that positively influences the classroom environment, creating a supportive and encouraging atmosphere. Thank you, Maeve.

**Cael W:** For exhibiting a strong sense of self-assurance and belief in his own capabilities which allows him to tackle new learning with enthusiasm and determination.

**Lukas P:** For showing a growth mindset and positive attitude towards your writing. Well done, Lukas, you've worked hard to improve your spelling and write a descriptive narrative, using adjectives, verbs and adverbs.

**Archie N:** For showing a growth mindset and a positive attitude towards your writing. Well done, Archie, you've worked hard to improve your spelling. Keep up the good work.

**Freya S:** For showing a growth mindset and a positive attitude towards literacy activities. Your handwriting has improved, and you can now find nouns, adjectives, verbs and adverbs in a story and include them in a written sentence. Keep concentrating and working hard, Freyja.

**Lara F**: For demonstrating outstanding confidence when showing visitors around our school during Education Week.

**Elara P:** For confidently having a go at every task even when she can only use one arm!

**Otis W:** For demonstrating confidence during the Short Circus Performance.

**Fleur R:** For demonstrating confidence in her writing and working hard to include descriptive language. Great job Fleur!

## FOR YOUR INFORMATION

#### **COME & PLAY CARLTON AFLW COMMUNITY CAMP 2024, BENDIGO**

Carlton AFL are coming to the Bendigo region as part of the AFLW Community Camp. Free program for girls aged 5-12 to meet some AFLW players & have some football fun.

Where: Weeroona Oval, Bendigo

When: 4:00 - 5:00pm. Tuesday 18th June



## **LUNCH ORDER**

## SUSHI LUNCH ORDER FOR FRIDAY 31st MAY 2024

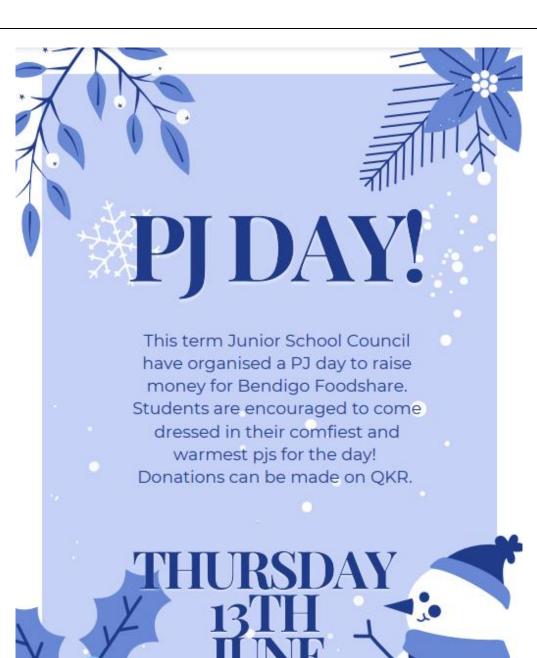
ORDER VIA OUR QKR APP!!!!!

by 9.00am Thursday 30th May, 2024.

## No late orders accepted.

Sushi \$4.00 - Crispy chicken, Teriyaki chicken, Vegetarian, Cooked Tuna

Total enclose	ed \$		Signed			
Name	Grade	Vegetarian	.Crispy chicken	.Teriyaki chicken	Cooked Tur	ıa
Name	Grade	Vegetarian	.Crispy chicken	.Teriyaki chicken	Cooked Tur	ıa
Name	Grade	Vegetarian	.Crispy chicken	.Teriyaki chicken	Cooked Tur	ıa







CHILD AND ADOLESCENT MENTAL HEALTH SERVICE (CAMHS)



# CHILD AND FAMILY MENTAL HEALTH

PARENTS/CARERS @

CAMP HILL PRIMARY SCHOOL

# **DETAILS**

## DATE

Thursday 30th May

## TIME

3:00 - 3:45 pm.

## LOCATION

A table will be set up near the school gate!

- Information and tip-sheets available about children's mental health and development.
- Come and chat with us!
   We are happy to answer questions and listen.
- Information available about local services and supports for children and families.

# **CONTACT US**

CAMHS and Schools Early Action (CASEA) Program

- Caroline, Emily & Ashlee
- Email: CASEA@bendigohealth.org.au
- Phone: 03 5440 6506

